



# Treatment Consideration Guide

After consulting the Progesterone/Estrogen, Cortisol and Androgen Lab Assessment - Treatment Guides, providers may consider the corresponding products on this Ortho Molecular Treatment Guide.

Very Low E2	Modestly Low E2		Within Range E2		Elevated E2
Femarin A   B	Balance EstroDIM C	Balance Core Support D	Balance E	Fiber Plus F	CoreSupport G
Balance Femarin H	Femarin I	InflammaCore Fiber Plus J	Balance K	CoreSupport L	Balance Core Support Inflamma-bLOX M
N	Balance Femarin O	Core Support Inflamma-bLOX P	Q	Fiber Plus Balance Inflamma-bLOX R   S	Core Support CDG EstroDIM MitoCORE T   U
MitoCORE EstroDIM Core Support V	MitoCORE W	X	Y	EstroDIM Z	EstroDIM MitoCORE AA   BB
CC	Methyl CpG DD	EE	FF		

Very Low E2	Expected E2		Above Expected E2		High E2
A	Femarin B	C	D	E	Core Support F
G	H	I	J	K	Core Support L
M	Femarin N	O	P	Q	
R	S	T	U	V	EstroDIM MitoCORE Core Support W
	Methyl CpG X	Y	Z		Methyl CpG

*Disclaimer: This form is a reference for providers and not to be considered medical advice or diagnostic for any specific case. Treatment decisions are always to be made at the discretion of a qualified provider.*



	Low Cortisol or Low Adaptive Cortisol	High Cortisol or High Adaptive Cortisol
<p>For health, the suggestions to the right may be considered.</p> <p>Proper health requires adequate levels of B vitamins and vitamin C. <b>Ortho B Complex</b> and <b>Buffered C</b> may be appropriate for these cases to address any related insufficiencies.</p> <p>*Use NuAdapt for irritability, decreased focus and low motivation.</p> <p>**Use TruAdapt/Plus for brain fog, low mood and exhaustion.</p>	Adaptin-All or TruAdapt** Adren-All or TruAdapt Plus** CereVive Phosphatidylserine (pm) Cerenity AdreneVive or NuAdapt *	Adaptin-All or TruAdapt** Adren-All or TruAdapt Plus** CereVive (am only) Phosphatidylserine (pm) Cerenity AdreneVive or NuAdapt *
	CereVive Adaptin-All or TruAdapt** Adren-All or TruAdapt Plus** GlycemaCORE	CereVive Adaptin-All or TruAdapt** Adren-All or TruAdapt Plus** GlycemaCORE Phosphatidylserine (pm) Cerenity

Low Testosterone			Normal Testosterone			High Testosterone			Low Testosterone			Normal Testosterone			High Testosterone		
Prostatrol Forte		Inflamma-bLOX CM Core			Core Support		DHEA								Balance Core Support		
CM Core Prostatrol Forte		Prostatrol Forte			CM Core										GlycemaCORE		
InflammaCore Core Support		InflammaCore Core Support					DHEA		DHEA		DHEA				Balance		
DHEA EstroDIM		DHEA									GlycemaCORE				GlycemaCORE		