



NutriDyn

Treatment Consideration Guide

After consulting the Progesterone/Estrogen, Cortisol and Androgen Lab Assessment - Treatment Guides, providers may consider the corresponding products on this NutriDyn Treatment Guide.

Disclaimer: This form is a reference for providers and not to be considered medical advice or diagnostic for any specific case. Treatment decisions are always to be made at the discretion of a qualified provider.

Very Low E2	Modestly Low E2		Within Range E2		Elevated E2		
Omega Pure EPA-DHA 1000 D3 10,000 w K2 A	Chaseberry E-TOCO Menopause Support B	Dynamic Detox Dynamic Hormone Balance Menopause Support C	Chaseberry Everyday Essentials Women and/or Advanced Dynamic Hormone Balance Menopause Support Essential Multi with Iron D	E	I-3-C Plus UltraBiotic Daily (lower beta glucuronidase) Dynamic Detox G		
Menopause Support Nutri-ChelX E-Toco Gynecrine H	I	J	K	L	Dynamic Hormone Balance Estro Balance Dynamic Fiber M		
N	O	P	Q	R	S	T	U
I-3-C Plus Renal Complex Sulforaphane Complex V	I-3-C Plus Renal Complex W	X	I-3-C Plus Y	I-3-C Plus, Renal Complex, Sulforaphane Complex, Dynamic Hormone Balance Z	AA	BB	
CC	Methyl Complete Methyl Pro DD	EE	FF				
Very Low E2	Expected E2		Above Expected E2		High E2		
A	Everyday Essentials Women and/or Everyday Essentials Women Advanced Menopause Support, Essential Multi, Dynamic Fiber B	C	D	E	F		
G	H	I	J	K	L		
M	Everyday Essentials Women, and/or Advanced Menopause Support N	O	P	Q			
R	Renal Complex Sulforaphane Complex Dynamic Fiber S	T	I-3-C Plus Renal Complex Sulforaphane Complex Dynamic Fiber U	V	I-3-C Plus Renal Complex Sulforaphane Complex Dynamic Fiber W		
	Methyl Complete Methyl Pro Uplift (SAME) X	Y	Methyl Complete Methyl Pro Uplift (SAME) Y	Z			

	Low Cortisol or Low Adaptive Cortisol	High Cortisol or High Adaptive Cortisol
<p>For adrenal hormone health, the suggestions to the right may be considered.</p> <p>Proper adrenal health requires adequate levels of B vitamins and vitamin C. B Complex and Esterified C may be appropriate for these cases to address any related insufficiencies.</p>	Stress Essentials Balance Stress Essentials Licorice Complex Adrenal Resilience DHEA Phosphatidyl Serine 5-HTP ACE	GoodNight Stress Essentials Relax, 5-HTP Stress Essentials Licorice / Serenity DHEA Phosphatidyl Serine B D F
	5-HTP Thyroid Complex Stress Essentials Balance, Stress Essentials Licorice Complex, Adrenal Resilience, Thyroid Complex G I	GoodNight Stress Essentials Serenity Thyroid Complex H J

Low Testosterone		Normal Testosterone		High Testosterone		Low Testosterone		Normal Testosterone		High Testosterone	
HisArouse A	Testro Balance B	HisArouse C	Testro Balance D	Prostate Support E	Testro Balance F	DHEA A	I-3-C Plus B	Dynamic Hormone Balance C	D	E	F
HisArouse G	Testro Balance H	Prostate Support I	Prostate Support J	Thyroid Complex K	Prostate Support L	Thyroid Complex G	Mag Glycinate H	ALA I	Prostate Support J	Thyroid Complex K	Mag Glycinate L
Dynamic Hormone Balance M	Testro Balance N	Dynamic Hormone Balance O	Testro Balance P	Dynamic Hormone Balance Q	Testro Balance R	Chasteberry S	Detox Support T	U	Thyroid Complex V	Mag Glycinate W	ALA X
Y	Z	AA	AB	AC	AD	AE	AF	AG	AH	AI	AJ