



# Treatment Consideration Guide

After consulting the Progesterone/Estrogen, Cortisol and Androgen Lab Assessment - Treatment Guides, providers may consider the corresponding products on this Metagenics Treatment Consideration Guide.

*Disclaimer: This form is a reference for providers and not to be considered medical advice or diagnostic for any specific case. Treatment decisions are always to be made at the discretion of a qualified provider.*



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Very Low E2	Modestly Low E2		Within Range E2		Elevated E2				
A	Chasteberry Plus E Complex 1:1 Estrovera	C/I	Ultra Clear Renew Axis Endo Estrovera	D	Chasteberry Plus Estrovera E Complex 1:1 Black Cohosh Plus FemEstroplex Spectra Soy	E	Axis Endo	F	G/M/T/U
	Chasteberry Plus E Complex 1:1 Estrovera Black Cohosh Plus FemEstroplex Spectra Soy	H	Black Cohosh Plus FemEstroplex Spectra Soy	J	Ultra Clear Renew Axis Endo	K	Chasteberry Plus E Complex 1:1	L	Ultra Clear Renew Axis Endo
N		O	E Complex 1:1 Estrovera Black Cohosh Plus FemEstroplex Spectra Soy	P	Q	R	Ultra Clear Renew Axis Endo	S	Herbulk
	Glutaclear Sulforaclear Meta I3C	V	Glutaclear Meta I3C	W	X	Y	Meta I3C	Z	Glutaclear Sulforaclear Meta I3C
		CC	Methyl Care Folapro	DD		EE	Methyl Care Folapro	FF	Methyl Care Folapro
Very Low E2	Expected E2		Above Expected E2		High E2				
A	Black Cohosh Plus Estrovera Fem Estroplex	B/C/H/I	D	E	Axis Endo Meta I3C Estrofactors				
G	Spectra Soy		J	K	Inflavonoid Intensive Care UltraInflamX360				
M	Black Cohosh Plus Estrovera Fem Estroplex Spectra Soy	N	O	P	Q				
	Glutaclear Sulforaclear	S	T	U	V	W			
R	Methyl Care Folapro Blisphora	X	Y	Z	Methyl Care Folapro Blisphora				

	Low Cortisol	Adaptive Cortisol	High Cortisol
<p>For adrenal hormone health, the suggestions to the right may be considered.</p> <p>Proper adrenal health requires adequate levels of B vitamins and vitamin C. <b>MethylCare</b> and <b>Ultra Potent C</b> may be appropriate for these cases to address any related insufficiencies.</p>	Adreset/Licorice Plus Andrenogen BioSom Phosphatidylserine (pm)	Nusera/Benesom Serenagen/Exhilarin BioSom Phosphatidylserine (pm)	Nusera/Benesom/Trancor/Serosyn Tran-Q (licorice)/Serenagen/Exhilarin BioSom Phosphatidylserine (pm)
	SeroSyn Adreset/Licorice Plus Andrenogen Cenitol Phosphatidylserine (pm)	Nusera/Benesom Serenagen/Exhilarin Cenitol Phosphatidylserine (pm)	Nusera/Benesom/Trancor/Serosyn Tran-Q (licorice)/Serenagen/Exhilarin Cenitol Phosphatidylserine (pm)

Low Testosterone		Normal Testosterone		High Testosterone		Low Testosterone		Normal Testosterone		High Testosterone	
His Synergy	His Synergy Testralin	His Synergy Testralin	Concentrated Ultra Prostagen		Testralin Axis Endo		BioSom Axis Endo Meta I3C		Concentrated Ultra Prostagen		Concentrated Ultra Prostagen Axis Endo Meta I3C
	His Synergy Testralin		Concentrated Ultra Prostagen		Cenitol Concentrated Ultra Prostagen Testralin Axis Endo		Cenitol Mag Glycinate Meta-lipoate		Concentrated Ultra Prostagen Cenitol Mag Glycinate Meta-lipoate		Concentrated Ultra Prostagen Axis Endo
		Testralin Axis Endo			Testralin Axis Endo						Chasteberry Plus Advaclear
									Cenitol Mag Glycinate Meta-lipoate		Cenitol Mag Glycinate Meta-lipoate