



Treatment Consideration Guide

After consulting the Progesterone/Estrogen, Cortisol and Androgen Lab Assessment - Treatment Guides, providers may consider the corresponding products on this Treatment Guide.

Disclaimer: This form is a reference for providers and not to be considered medical advice or diagnostic for any specific case. Treatment decisions are always to be made at the discretion of a qualified provider.

Very Low E2	Modestly Low E2		Within Range E2		Elevated E2
PRO Vitex P-5-P PRO E Complex A B	PRO Vitex P-5-P C/I	Liver Support SoluFibre PRO B Complex D	PRO Vitex P-5-P E	Liver Support SoluFibre PRO Curcumin F	PRO Green Tea G/M/T/U
PRO Vitex P-5-P PRO E Complex Fem Adapt Vitamin D3 H	PRO E Complex Fem Adapt Vitamin D3 C/I	Liver Support J	PRO Vitex PRO E Complex Fem Adapt K	Liver Support SoluFibre PRO Curcumin L	PRO Estro Support NAC/ Acta-Resveratrol PRO Vitex P-5-P G/M/T/U
N	PRO E Complex Fem Adapt Vitamin D3 O	PRO Curcumin P	PRO Vitex P-5-P Liver Support SoluFibre PRO Curcumin R	S	SoluFibre G/M/T/U
PRO Phase II Detox NAC V	PRO Phase II Detox NAC W	X	PRO Estro Support Y	PRO Estro Support NAC Z	PRO Estro Support NAC AA BB
CC	PRO B Complex PRO Tri B12 MyBluePrint Test DD	EE	PRO B Complex PRO Tri B12 MyBluePrint Test EE	FF	PRO B Complex PRO Tri B12 MyBluePrint Test FF
Very Low E2	Expected E2		Above Expected E2		High E2
PRO Adapt A	Fem Adapt Vitamin D3 PRO E Complex B/C	D	PRO Adapt/PRO Cortisol Calm D	E	PRO Phase II Detox PRO Green Tea PRO Curcumin F/L
PRO Adapt G	Fem Adapt Vitamin D3 PRO E Complex H/I	J	PRO Adapt/PRO Cortisol Calm J	K	NAC/ Acta-Resveratrol SoluFibre F/L
PRO Adapt M	Fem Adapt Vitamin D3 PRO E Complex N	O	PRO Adapt/PRO Cortisol Calm P	Q	
PRO Adapt R	PRO Phase II Detox NAC S	T	PRO Estro Support NAC U	V	PRO Estro Support NAC W
	PRO B Complex PRO Tri B12 X	Y	PRO B Complex PRO Tri B12 Y	Z	PRO B Complex PRO Tri B12 Z

