Functional Endocrinology SummiT EVENT AGENDA



6:00 am Registration and Breakfast Provided

7:00 am *Hormones and Systems Connectivity* James LaValle, RPh, CCN, ND

8:30 am *HPA-Stress-Cortisol: Connecting the Dots* Carrie Jones, ND, MPH

10:30 am <mark>Break</mark>

11:00 am *Women's Health and Hormonal Axes* Joel Evans, MD

12:00 pm Lunch Provided Lunch Presentation by Precision Analytical, Inc.

1:00 pm *PCOS: New Understandings - New Solutions* Felice Gersh, MD

2:30 pm Break

3:00 pm *Women's Health and Hormonal Axes (continued)* Joel Evans, MD

4:30 pm *HRT / Dosing - Female Patients* Nayan Patel, PharmD

5:00 pm *Lab Assessments - Female Patients* Mark Newman, MS

6:00pm End of day

Saturday, October 5th

6:30 am Registration and Breakfast

7:30 am *Men's Health and Hormonal Axes* Mark Holthouse, MD, FAAFP, ABoIM, ABFM, IFMCP

9:30 am Break

10:00 am *HRT - Male Patients* Nayan Patel, PharmD

10:30 pm *Lab Assessments - Male Patients* Mark Newman, MS

11:30 pm Lunch Provided Lunch Presentation by Metagenics

Connecting the Puzzle Pieces

12:30 pm *Case Studies - HPA Axis* Carrie Jones, ND, MPH

1:30 pm *Case Studies - HPO Axis* Joel Evans, MD & Monique Class, MS, APRN, BC

3:00 pm Break

3:30 pm *Case Studies - HPG Axis* Mark Holthouse, MD, FAAFP, ABoIM, ABFM, IFMCP

4:30 pm Q & A Panel

5:00pm Conclusion of Event



Functional **Endocrinology S**ummi**T EVENT** AGENDA

Friday, October 4th Saturday, October 5th

PI ACE **Kimpton River Place Hotel** 1510 SW Harbor Way | Portland, OR. 97201

> For Reservations: 1-888-869-3108 Room Rate: \$299/night **Mention:** DUTCHFest Expires: September 8, 2019

> > EVENT PRI \$595

REGISTER www.dutchtest.com/DUTCHFEST

Information

Call 503.687.2051 email: Marketing@dutchtest.com



For many healthcare practitioners, utilizing hormone replacement therapy (HRT) in men and women is often misunderstood. Confusion and controversies continue from the results of the 2002 Women's Health Initiative along with disagreements regarding how to diagnose and measure hormonal dysfunction; how to address safety concerns in prescribing HRT; the form, application and dosage to use; and when and how to insert lifestyle, diet, botanical and nutraceutical treatments.

The Functional Endocrinology Summit is designed to provide practitioners insight into the assessment and management of symptoms commonly associated with hormone imbalances in men and women. Case studies and discussions on treatment options for various issues associated with hormone imbalances, including physiology, hormone restoration, pharmacologic approaches, nutritional influences and lifestyle factors affecting outcomes.

Our expert presenters will supply you with the foundation to confidently assess and treat female and male patients who present with hormonal dysfunction, safely and effectively.

- Hormone physiology for the female and male patient
- Review physiologic stress response and relationship to imbalances
- · Hormone imbalances and treatment options associated with infertility and PCOS
- Treatment strategies and clinical cases
- Evaluate the most important laboratory tests to use in assessing hormone-related dysfunction and recognize common pitfalls of lab testing
- Recognize appropriate treatment protocols from lifestyle, nutrceutical to prescribed bioidentical hormones



Joel Evans MD



James LaValle RPh. CCN



Monique Class MS APRN BC



Felice Gersh



PharmD



Mark Newman MS





Carrie Jones



Bethany Hays MD. FACOG Moderator

